



SPORTS COMMITTEE

“Play ground is a health factory, your time is a investment and your sweat is the raw material”- Shiva kumara SI

1. INTRODUCTION

1.1 Physical Education Department

Physical education is an integral part of young people's education. In this course, students can learn about the importance of being physically active as part of a healthy lifestyle. Physical Education Department has an important contribution to make in supporting students to discover ways in which they can increase their enjoyment, confidence and competence in a range of physical activities. They can learn about health-related fitness and to take responsibility for being physically active now and in the future. Overall, they can develop positive attitudes to physical activity and its importance in a healthy and fulfilling lifestyle. Physical Education Department at NSB provides an opportunity for all students to involve themselves in physical activity. The purpose and focus of Asst Prof PE at NSB is to identify skills and hidden talents among the students and motivate to excel themselves in the field of Physical education. Students can experience success in different ways in physical education. For some, the pursuit of excellence and the achievement of sporting goals will be the focus. For some, organizing, leading and facilitating others to be physically active will be the measure of success. For others, including regular physical activity as part of a healthy lifestyle will represent a successful outcome. By using different curriculum models, students are supported not only to improve their performance in different physical activities but also to develop their understanding of the factors which impact on their personal performance and participation in physical activity. As a part of Physical Education, students are encouraged to undertake different roles and responsibilities, including leadership, coaching and officiating roles. They are encouraged to plan, organize, participate in and reflect on their experiences in physical activity. Students can learn about fair play, team work and how to relate to one another respectfully. As a result, they learn to be effective in the different competitive, creative and challenging situations that participation in physical activity continually offers them. Physical Education is designed to ensure that students appreciate the importance of physical activity not only for their physical wellbeing but also their social and psychological wellbeing. Regular physical activity is universally accepted as being central to



overall health and wellbeing. This can be achieved where students are engaged in collaborative planning with their teacher about which activities they will participate in and what learning outcomes they will focus

1.2 SPORTS COMMITTEE

A Sport Committee is an organized hierarchical formation that exists to promote and develop interest in a particular sport or physical activity for the students. The Sport Committee at NSB is comprised of a Sports committee Chairman, Asst Prof of Physical Education and committee member's one from each section. The Chairman of the committee serves primarily as an advisor and resource person for Sport Committee members and is available to assist representatives with committee business. It is the Asst Prof of Physical Education responsibility to monitor the activities to ensure all college procedures are being followed, to assist committee in implementing sound safety practices, to assist managing funds in accordance with college fiscal policy, to facilitate sports activities and to ensure the policies and procedures are followed. The A will allow committee as much freedom to operate as possible, provided they operate within the regulations and guidelines herein. The director shall recommend decisions to the Sport Committee chairman and the higher authority on sports items, participation, event conduction, budget, asset acquisition, resource hiring etc.

2. OBJECTIVES

- Understand the importance of sports.
- Develop physical fitness.
- Get opportunity to be innovative and creative in sports.
- To develop an appreciation of the concepts of honest competition.
- To develop self-esteem and self-confidence
- The committee shall promote sports activities by motivating students and member's faculty.
- Promoting Team spirit by making healthy competition.
- To organize regular sports events in order to train students for states and national level competition.



- To arrange for better coaching facilities.
- Proper maintenance of sports accessories.
- To provide necessary infrastructure for sports. To prepare and maintain records of all sports activities.

3. COMMITTEE

COMMITTEE MEMBERS

S.No.	Name of the Staff Member	Designation	Designation in the Committee
1	Dr. Srinidhi K Parthasarathi	Director	Chairman
2	Shivakumara SI	Asst Prof of Physical Education	Convener
3	Dr. BN Sivakumar	Associate Professor	Co-Convener
4	Praful R	Corporate Relations Manager	Co-Convener

4. RULES AND RESPONSIBILITIES

4.1. Chairman

The Chairman shall be the authorized signatory to recommend on behalf of the sports committee as well the

College for any activity pertaining to the Physical Education and Sports

- He / She shall finalize the agendas for the meetings
- He / She shall chair the meetings
- He / She shall conduct brain storming for the issued to be resolved or decided with active



participation by the sports committee members

- He / She shall finalize the selected list for sports at the college before forwarding it to the Principal for approval
- He / She shall monitor the physical education and sports activities at the college
- He / She shall verify any sign circular / notice or any relevant document before forwarding it to the principal for approval
- He / She shall keep track of stock and all sports facilities at the college
- He / She with the help of sports committee members plan and execute the development of proper sports facility at the campus
- He / She shall conduct debate on the evolving the annual budget, finalize the same before forwarding it for approval to the principal
- He / She with the help of sports committee members shall generate the annual report for the every academic year comprising of activities conducted, achievements made, statistics of participation and conduction of various events, expenditure incurred etc.,
- He / She shall recommend the Sports calendar of events for academic year from August of present year to July of the next year
- He / She shall chair the committee for recommending the felicitation, awarding or any such motivational activity

4.2. Convener

- Maintain records of the committee and ensure effective management of records.
- Formulate and update the Calendar of events of Physical Education Department.
- Draw up the meeting agenda with the sports committee and provide supporting papers.
- Take the minutes of the meeting and make sure they are correct.
- Maintain accurate stocks and financial records.
- Monitor all correspondence with inwards and outwards.
- Co-ordination with the sports committee:
- Keeping track of previous and current year sports goods.



- Ordering of sports goods in consultation with chairman.
- Arranging the venues for sports events in consultation with sports committee chairman.
- Co-ordination with the principal
- Obtaining permission to held sports events in the college

4.3 Co-Convener

- The committee serves as the highest recommendation body regarding sports affairs held at college level.
- Producing a sporting directory in both a written and electronic version.
- Preparing Action plan for the year.
- Ensuring proper playground facility and necessary sports materials.
- Preparing circulars with regards to any sports activity taking place to reach all the students of each department.
- Ensuring participation of the students in both intra and inter disciplinary sports.
- Maintaining annual reports

5. BUDGET PROPOSAL AND APPROVAL PROCESS

- Asst Prof of Physical Education will prepare a detailed report of expenditure incurred during previous year.
- Asst Prof of PE shall propose the activities planned for the next academic year.
- For the planned activities, the Asst Prof of PE shall propose the estimated expenditures taking the references from the previous year and other sources.
- The proposed budget shall be elaborately debated in the sports committee meeting and finalization with the required modification shall take place.
- The approved budget shall be submitted to the Director to seek approval from the Head of the Institution.
- Any modification suggested by the college authority shall be discussed and modified budget shall be proposed for approval by the college authority.



6. REPRESENTATION IN THE SPORTS EVENTS

As a part of our objective, ensuring the representation in the sports held locally and at University level is of more importance. Some of the measures to be taken in this aspect are:

- Knowing events and competitions held locally or at university level
- Preparing the students for participation by providing proper practice sessions from Experts
- Making necessary arrangements to take part with regards to transportation, food,
- Accommodation and sports commodities.

7. MAINTENANCE OF SPORTS FACILITY

A good playground is fun and challenging, but above all, it must be safe. Like anything We use in life, maintenance is key to safety and longevity.

- Maintaining cleanliness of playground on regular basis.
- Detailed visual inspection of the play environment.
- Check sports equipment for compliance with Standards.
- Follow up malfunction/damage reports.
- Carry out routine service maintenance.
- Detailed visual inspection of the sports equipment such as nets, balls and poles for wear–replace worn parts.

8. SELECTION PROCESS

- Notify the events
- Schedule of selection
- Display the eligibility criteria
- Conducting the selection in presence of sports committee members and if required hire An expert.



9. Stock Register

- Every year stock verification has to be conducted.
- Listing of worn-out items.
- Listing of lost/missing items.
- Conduction of audit for the same should be carried out. Keeping a complete record of Financial transactions with respect to any of the events or particulars supported by Approved bills and receipts.

10. ANNUAL REPORTS

Annual report containing

- The number of events participated by the students
- The number of events conducted
- The venue of the events held with date
- Where all our students have taken part
- Where all our students have won
- Expenses incurred
- Any new developments taken place
- Distinction if any other

All the above shall be further approved by the sports committee.

11. AWARDS AND SCHOLARSHIPS

- Identifying the best performers among boys and girls based on the events participated, contributed, won; attained levels and overall performances, the Sportsmen and Sportswomen shall be awarded.
- Scholarship based on their sports performances and academics are encouraged. Recommendations to the same by the sports committee shall be considered. At most for



three boys and three girls is suggested.

12. ADVANCEMENT OF SPORTS IN THE INSTITUTE

- Scheduling and organizing the practice sessions for the college team members.
- Training the students for any particular events shall be scheduled during leisure hours or after the working hours.
- If required external experts shall be hired for preparing the students to compete.

13. STUDENT ELIGIBILITY FOR COLLEGE TEAM REPRESENTATION

- Eligibility of the students to represent the college in any of the sports activities shall be Academically all clear in the results till date. However in some distinct cases the relaxation may be Extended up to two subject backlog subjective to the approval of sports committee.

14. STUDENT SPORTS COORDINATORS.

- The college student coordination team shall comprise of one student coordinator nominated by the department from each of the sections of each semester of each department whose contact details shall be available with the Asst Prof Physical Education.

Sl No	Name of the Student	Batch
1	Anshika Yadav	2023-25
2	Ayush Mahajan	2023-25
3	Juhhipaia Gympad	2023-25
4	N Barath	2023-25
5	Shreyas	2023-25
6	Ravikumar	2023-25
9	Vinayak Hireholi	2022-24
10	Mugilan P	2022-24
11	Diwakar	2022-24



12	Pikujit Deka	2022-24
13	Sunil	2022-24
14	Naresh	2022-24
15	Pramita Miranda	2022-24
16	Roopesh SG	2022-24

“A Sound body is a Sound Mind”

Aristotle